

# WELCOME TO BRUNSSUM HIVE

A NEW ARRIVAL GUIDE FOR  
SINGLE PERSONNEL

[www.hive-europe.co.uk](http://www.hive-europe.co.uk)



## CONTENTS

Welcome to .....	page 2
HIVE opening hours	page 3
HIVE Mission Statement & Disclaimer	page 4
What can we do for you?	page 5
A –Z of HIVE Information	page 6 – 12
Other HIVE Guides	page 13
Emergency numbers	page 14
Shopping Guide	page 15
Clothing Guide	page 16
HIVE's across EUROPE	page 17
Food translations	page 18- 22
Other Agencies	page 23-24
Notes	page 25

The HIVE is situated at The UKDSU, Building 603

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## WELCOME TO BRUNSSUM HIVE

The HIVE would like to offer you a warm welcome to Brunssum. This booklet is designed to answer some of the questions that may arise when you first arrive in Holland particularly if it is your first posting to the Netherlands. The HIVE is situated at UKDSU Building 603 and our opening hours are on the following page. Please feel free to pop in and see us, leave us a message on our answer phone or send us an E-mail and we will get back to you.

The HIVE is an information centre for the Service Community, which includes single and married serving personnel, civilian MOD employees and their dependents.

Our aim is to provide a professional information and referral service. We endeavour to answer all your queries and find the information you need, or point you in the right direction for the best possible help and support. We can offer you a welcome pack with maps and information leaflets to get you started in your new posting.

If you are arriving from outside Germany you should have received a copy of "So You Are Posted to Germany", which gives you information on everything you need to know on arrival, e.g. documentation, pay, registering your vehicle, claiming Job Seekers Allowance etc. You should also have received a copy of the JFC HQ Brunssum Official Support Group Package, which gives more detailed information about the local community including housing, schools, welfare support and station facilities. Copies of both these booklets are available from The HIVE.

If you are on the Internet the website [www.hive-europe.co.uk](http://www.hive-europe.co.uk) will also give you lots of useful information. You will find The HIVE E Mail address here too.

## **HIVE OPENING HOURS**

MONDAY 09:00 to 14:30

TUESDAY 09:00 to 14:30

WEDNESDAY 09:00 to 14:30

THURSDAY 09:00 to 14:30

FRIDAY 09:00 to 14:30

TELEPHONE 00 31 45 526 2891

FAX 00 31 45 5253160

E MAIL [brunssum@hive-europe.co.uk](mailto:brunssum@hive-europe.co.uk)

WEBSITE [www.hive-europe.co.uk](http://www.hive-europe.co.uk)

We look forward to seeing you in the HIVE.

## **MISSION STATEMENT**

HIVE Information centres support the chain of command and Tri-service communities through the provision of up to date and relevant information.

## **DISCLAIMER**

The content of any brochures or advertisement displayed in the HIVE does not necessarily reflect the policies or opinions of HM Government, the Ministry of Defence or Tri-Service HIVE. The accuracy of brochures displayed is not guaranteed.

## WHAT CAN YOUR HIVE DO FOR YOU?

We can provide you with information of the following areas:

New arrival Information

Consumer & Business

Transport and holidays

Legal matters

Local tourism

Postings & Departures

Travel

Communications

Clubs & Societies

Education

Family & Welfare

Theme parks

Employment

Great days out

Leisure

Benefits

Health & Safety

Taxes

Customs

## **A – Z OF USEFUL INFORMATION**

The following information is aimed at providing a general guide, which we hope will make settling in to The Netherlands a little easier. More detailed information on many of these subjects can be found in the Brunssum Service Community Guide, or by contacting the HIVE team.

### **Accommodation for Junior Ranks**

There are two blocks, the first being 306; this is located on camp close to the Gym, cinema, pool and shop 2000. The Brit bar is also located within block 306. The second is Block 501, near the Medical and Dental Centre. This is closer to Brunssum town but a little further away from camp facilities. Both blocks are currently mixed accommodation. Contact The Estate Manager on: 045 5263774 for bookings and further information.

### **Accommodation for Senior Ranks**

There isn't a mess here to accommodate single/unaccompanied service personnel, so you will be allocated a flat, which you may have to share. The kitchens are furnished with a fridge, cooker and a comprehensive pack-up of kitchen equipment, you will need to purchase food from local supermarkets and to assist with this you are entitled to LOS LOA allowance. There are no washing machines/tumble dryers so you may need to purchase these. These flats are close together in Brunssum; there are pubs, pizza and gyros restaurants just around the corner to. Contact The Estate Manager on: 045 5263774

### **Accommodation for Officers**

You will need to contact the Prom Office for allocation of Bachelor Officer Quarters.  
Contact WO Prom on: 045 5262283

### **Bank**

Your sponsor will take you to open a bank account, most people tend to use the ABN-AMRO bank in Brunssum 045 5644224, but you can use any bank. You will need your NATO ID card and passport to do this, (your sponsor will have taken you to passes and permits to get these). You must make an appointment at the bank to open a new account, you cannot just turn up.

## **Bulletins**

We have the British Community Information Newsletter (BINN) and the JFC HQ Brunssum Newsletter. There are a number of bulletin boards situated around camp, UKDSU, CLUB 13 and THE MINERS REST.

## **Booking in**

On arrival you will receive a number of proformas which need to be completed, your sponsor will assist you with this.

## **Churches**

Situated on the main base at JFC HQ Brunssum, St Michael's Church follows the order of Services of the Church of England, but the Community is open to Christians of all denominational backgrounds. Located next to the Alliance Theatre and Gymnasium, opposite the main HQ buildings.

For more information call the chaplain on: 045 5262959.

## **Clubs**

We have Hockey, Squash, tennis, badminton, Golf, Rugby, Walking, and Sailing clubs etc,....For a full list of these please pop in to the HIVE and see us.

## **Communications**

### **Mobile phones**

These can be purchased from many of the shops in Heerlen, which has Vodafone, Orange and the Dutch company KPN (EQUIVALENT TO BT).

### **Telephone Connections/Disconnections**

There are a limited number of phone lines in each block so you must first check availability with comms troop. If there is a line available all you need to do is go to KPN in Heerlen and they will help you set up the relevant contract. Make sure you confirm the notice requirement for when you are posted. Every contract is different.

## **UKDJSU Coffee Shop and Snack Bar**

A great place to have a break, the UKDJSU is situated on the Ground Floor of Building 306, the heart of the UKDJSU adjacent to the BFPO and Thrift Shop. In addition to serving a wide selection of coffees and tea, there are a selection of freshly made sandwiches, baguettes and salads prepared on the premises on a daily basis, as well as a selection of cakes baked by the UK wives.

To welcome you to Brunssum the Coffee Shop is delighted to offer you a free drink and sandwich on your arrival at Brunssum. You will need to present you UKDJSU arrivals check sheet, which will entitle you to one free drink and one sandwich.

The coffee shop is an ideal meeting place for all personnel, and dependants and an excellent community facility which relies on your custom, please support it! An ideal drop in point after taking the children to school or just in need of a break from the office, do pop in and try us out. Our opening hours are shown below, and we look forward to seeing you!

#### Opening Hours:

Monday 1000 - 1400 hrs

Tuesday - Friday 0930 - 1400

### **Confidential helplines**

Alcoholics Anonymous		0044 01904 644026/ 0044 0113 2455467(out of hours)
Victim Support	JHQ Mil: Civil:	2272 0049 02161 472 2272
Samaritans		0602022288 (from The Netherlands)
Army Welfare Support	JHQ Mil: Civil:	(72)2715 0049 02161 4722715
SSAFA Forces Help		0049047203392

### **Concerts**

Call in for a look at our KONIG PILSENER ARENA, and HANS STRATMANN leaflets for all the latest info on concerts, theatre shows and live gigs.

### **Driving**

You will have 30 days to take a tick test and receive a NATO driving licence from the Vehicle Registration Office, you can also get information on how to register your vehicle here. Contact: 045 526 2114

### **Eating out**

We have so many areas for this and you will want to check them all out Brunssum, Heerlen, Maastricht all have great restaurants and food halls. Pop in to the HIVE for more information.

## **Electricity**

It is 240v as per UK but you will need adapter plugs to use the European sockets, these you can obtain from local shops.

## **E-MAIL**

The HIVE has set up a bulk e-mail distribution service. This is used to notify customers of station events, stop press and employemny on camp. If you wish to receive this service, please call into your HIVE and complete the appropriate proforma.

## **Further Education**

The ALC offers a wide range of courses- The Education and Training wing is located upstairs in Building 603 of the UKDSU. Contact: 045 526 3455

## **Gielenkirchen**

This is a Nato Airbase about 7 miles away from camp and offers Duty free shopping! Call in for directions.

## **Hive Database**

The HIVE's computer database is an A-Z of useful local information, services, clubs, businesses, telephone numbers etc.

The database is updated regularly and if you would like something to be included please contact a member of the HIVE team.

## **ID Cards/ Shopping permits**

All military personnel, entitled civilians and dependants are required to carry an NATO ID card. These are given to you at the passes and permits section on arrival. A Shop 2000 Shopping Permit is issued to all entitled personnel and will be required to use the Shop 2000 facility. Shopping Permits are available from the the General Office, UKDSU, Building 603.

Contact: Ext 2542

## **Internet**

The British Library provide a free internet service for all, situated in UKDSU, building 603. Contact: Ext 3455

## **JFC HQ Brunssum swimming pool**

There is a free swimming pool next to shop 2000 with sauna and sunbed facility, Contact the HIVE for opening times. Or Tel : 045 5263172

## **Keep your eyes open**

When driving in The Netherlands always remember it is different from the UK and Germany. Cyclists have priority on most roads where cycle paths are situated.

For more information Call the ANWB :0031 45 5717833

## **Leaflets**

The HIVE holds leaflets containing a huge variety of information on everything from benefits to bus timetables. We hold core information on a variety of subjects including education, social security, health, housing, communications etc. We also have dozens of pamphlets on local attractions and places of interest, as well as things to do further afield. If you're stuck for ideas on what to do or where to go, then just pop in to see us.

## **Legal help and Information**

ARMY LEGAL AID : Bielefeld Mil	3191/3196
Civi	0521 92543191/ 052541 92543196
OFFICE OF FAIR TRADING :	0044 345 224499.

## **Leisure Activities**

We have everything from Alliance Players Theatre Group to Slimming World, call in for an update on these and more. You can also visit our Website: [www.hive-europe.co.uk](http://www.hive-europe.co.uk) for our what's on page.

## **Money Matters**

All pay queries can be dealt with through the General Office situated in the UKDSU there are three points of contact Ext no:

ROYAL NAVY	045 526 2334
ARMY	045 526 2382
ROYAL AIRFORCE	045 526 2586

## **Maps**

We can print street maps and route maps.

## Night Clubs

There are very few nightclubs within the Limburg area however there is excellent nightlife in Aachen Amsterdam and Brussels. Call in to the Hive for more information.

## Opening Times

A comprehensive list of opening times and telephone numbers for facilities, shops and clubs on JFC HQ Brunssum is available from the HIVE.

## Petrol allowance

This is paid directly into your Dutch bank account only. One calendar month after registering your vehicle. All allowances are in a leaflet you will receive in your arrivals package from General Office. 045 526 2586

## Places to visit

The HIVE have city guides to Amsterdam, Berlin and Prague. We have **Valkenburg** approx 9 miles away with its selection of British pubs, that serve English Breakfast! **Sittard** has a curry house (a rarity in Holland) located near the railway station. **Brunssum** just minutes away from camp and has about half a dozen pubs and enough take-aways and restaurants to keep you going. Call in to find out more.

## Postings

The HIVE can obtain Welcome Guides from other units,

## Questions

The HIVE will endeavour to answer all your questions. You will not leave the HIVE empty handed. We will either refer you to another agency, give you the details you want, a phone number or a promise that we will get back to you, if we do not have the information you are after.

## Restaurants

Eating out in Holland is a national pastime it seems, there are numerous restaurants within the local area with everything from Indian to Mexican available, for further information contact the HIVE.

## **Shopping (TAX FREE)**

For duty free shopping there is Shop 2000 at JFC HQ Brunssum and The NATO Air Base in GK. Lots of shops in the area also offer tax-free shopping and it is wise to check them all out before making any major purchases. Passes and Permits Office Personnel will explain further details on your arrival.

## **Television**

If you are allocated a room in block 306 your TV watching will consist of BFBS unless you have your own satellite system. This block has satellite piped to each room but it is up to the individual to purchase a decoder and card.

## **Transport (local)**

Information on local bus and train websites is available from the HIVE.

Taxies:	City taxis Brunssum	045 5424242
	Grootveld Brunssum	045 2222527

## **Useful telephone numbers**

The Dutch direct enquiries number is	0900-8008
The military operator is	*015 94 872 100

## **Visitors**

When family are visiting you in The Netherlands you should obtain a Close Relatives Form from the General Office, only if they are visiting the camp. The form entitles close relatives to shop, (on behalf of yourself) for non-rationed items in shop 2000. All visitors and relatives should bring a completed EHIC (Health Advice For Travellers) card. And travel insurance.

## **What's on info**

We try to keep as much information as possible about local events and activities within Brunssum and surrounding areas so make sure you call in from time to time or visit our website: [www.hive-europe.co.uk](http://www.hive-europe.co.uk).

## **Zoo's and Theme Parks**

We hold an extensive array of leaflets and brochures on zoo's and theme parks within Europe. Call in for more information.

## Other HIVE Booklets

The HIVE has a number of booklets which contain popular information, including:

Get you back pack

Go Dutch

HIVE city guide Amsterdam

HIVE city guide Berlin

HIVE city guide Prague

**And many more.....**

## **EMERGENCY AND USEFUL NUMBERS**

Civilian Number prefix: 0031 45 526 and the Ext.

IMP	2616
FIRE SERVICE	2000
EMERGENCY SERVICES	112
MEDICAL CENTRE	2497
DENTAL CENTRE	2293
PADRE	2959/2804
HIVE	2891
UKDSU ADMIN	2334
AFNORTH THEATRE	2110
SHOP 2000	2915
CLUB 13	2628
GYM	3171
BFPO	2231
EDUCATION CENTRE	2888
LIBRARY	3455/2669
BARBER	2957
SWIMMING POOL	3172

## SHOPPING GUIDE

Local Shops

Supermarkets;     Albert Heijn  
                          Konmar  
                          Jan linders  
                          SPAR  
                          Aldi  
                          Lidl

The HIVE also holds maps and directions to various shopping centres throughout the Netherlands including those which offer military discounts.

The Brit shop at UKDSU also stocks a wide selection of goods.

The HIVE also holds maps and directions to various shopping centres throughout the Netherlands.

# CLOTHING SIZE GUIDE

WOMAN'S DRESSES, SUITS, SKIRTS & COATS													
BRITISH	10	12	14	16	18	20							
EUROPEAN	36	38	40	42/44	46/48	50							
AMERICAN	8	10	12	14	16	18							
BRA SIZES													
BRITISH	32	34	36	38	40	42							
EUROPEAN	70	75	80	85	90	95							
WOMEN'S SHOES													
BRITISH	3	3½	4	4½	5	5½	6	6½	7	7½	8		
EUROPEAN	36	36/37	37	37/38	38	38/39	39	40	40/41	41	42		
AMERICAN	-	-	5½	6	6½	7	7½	8	8½	9	9½		
CHILDREN'S SHOES													
BRITISH	4	4½	5	5½	6	6½	7	7½	8	8½	9	9½	10
EUROPEAN	20	21	21/22	22	23	23/24	24	25	25/26	26	27	27/28	28
BRITISH	10½	11	12	13	13½	14	14½	2	2½				
EUROPEAN	29	30/31	31	32	32/33	33	33/34	34	35				
CHILDREN'S CLOTHES													
BRITISH (age)	2	3	4	5	6	7	8	9	10	11	12	13	14
EUROPEAN SIZE	92	98	104	110	116	122	128	134	140	147	152	158	164
Height in cms	91	96	102	109	114	122	127	135	140	147	152	157	164
MEN'S SUITS & OVERCOATS													
BRITISH & US	36	38	40	42	44	46							
EUROPEAN	44	46	48	50	52	54							
MEN'S SHIRTS													
BRITISH & US	13	13½	14	14½	15	15½	16	16½	17				
EUROPEAN	33	34	35/36	37	38	39/40	41	42	43				
MEN'S SOCKS													
BRITISH & US	9½	10	10½	11	11½	12	12½						
EUROPEAN	39	40	41	42	43	44	45						
MEN'S SHOES													
BRITISH	7	7½	8	8½	9	9½	10	10½	11	11½			
EUROPEAN	41	41/42	42	42/43	43	44	45	45/46	46	46/47			
AMERICAN	-	-	8½	9	9½	10	10½	11	11½	12			

Email address	HIVE (location)	Phone No. Civ/Mil	Mil. No.
bielefeld@hive-europe.co.uk	Bielefeld	05251 92543122	81 3122

brunssum@hive-europe.co.uk	Brunssum	003145 5262891	80100 2891
celle@hive-europe.co.uk	Celle	05141 9632340	78 2340
detmold@hive-europe.co.uk	Detmold	05231 37864	
dodesheide@hive-europe.co.uk	Osnabruck - Dodesheide	02594 9622211	63 2211
dulmen@hive-europe.co.uk	Dulmen	02163 973183	68 3183
elmpt@hive-europe.co.uk	Elmpt	0541 9602921	66 2921
fallingbostel@hive-europe.co.uk	Fallingbostel	05162 9712204	76 2204
gutersloh.mb@hive-europe.co.uk	Gutersloh – Mansergh Bks	05241 236583	73 2220
gutersloh.prb@hive-europe.co.uk	Gutersloh – PRB	05241 842692	73 2692
hameln@hive-europe.co.uk	Hameln	05151 917464	83 2464
herford@hive-europe.co.uk	Herford	05221 9953127	82 3127
hohne@hive-europe.co.uk	Hohne	05051 962303 77 2303	05051 8998
lotte@hive-europe.co.uk	Osnabruck - Lotte	05404 4768	05404 4768
munster-south@hive-europe.co.uk	Munster - South	0251 9272400	60 2400
munster-west@hive-europe.co.uk	Munster - West	0251 9272163	60 2163
naples@hive-europe.co.uk	Naples	00390815092628	
osnabruck@hive-europe.co.uk	Osnabruck – Woolwich Bks	0541 9602538	66 2538
paderborn@hive-europe.co.uk	Paderborn	05251 57191	05251 57191
ramstein@hive-europe.co.uk	Ramstein	06371 401445	
rheindahlen@hive-europe.co.uk	Rheindahlen	02161 4722519	72 2519
sennelager@hive-europe.co.uk	Sennelager	05254 9822771	79 2771
uksu-hive@scarlet.be	Shape	003265 443984	80100 3984
wildenrath@hive-europe.co.uk	Wildenrath	02432 81017	

### HIVE INFORMATION CENTRES EUROPE

## FOOD TRANSLATIONS

ENGLISH	GERMAN	DUTCH
<b>Sugar</b>		
Sugar	Zucker	Suiker
Brown Sugar	Brauner Zucker	Bruin Suiker
Castor Sugar	Feinster Zucker	Fijne Suiker
Cube Sugar	Würfelszucker	Suikerklontjes
Granulated Sugar	Raffinierter Zucker	Suiker
Icing Sugar	Puderzucker	Poeder Suiker
Preserving Sugar	Einmachzucker	Gelei Suiker
Saccharin Tablets	Süßstofftabletten	Zoetstoff

VEGETABLES AND FRUIT		
Potatoes	Kartoffeln	Aardappelen
Chips	Pommes/Fritten	Frietjes/patat
Carrotts	Möhren	Wortelen
Peas	Erbsen	Erwtten
Asparagus	Spargel	Asperges
Oranges	Apfelsinen/Orangen	Sinasappels
Garlic	Knoblauch	Knoflook
Ginger	Ingwer	Gember
Juniper Berries	Wacholderbeeren	Junipers
Marjoram	Marjoran	Majoraan
Mint	Pfefferminz	Munt
Mustard (strong)	Senf (scharf)	Mosterd (scherp)
Nutmeg	Muskatnüsse	Nootmuskaat
Onion Powder	Zwiebelpulver	Uipoeder
Parsley	Petersilie	Peterselie
Pepper	Pfeffer	Peper
Saffron	Safran	Saffraan
Sage	Salbei	Salie
Salt	Salz	Zout
Soy Sauce	Sojasoße	Sojasaus
Thyme	Thymian	Thijm
Vinegar	Essig	Azijn
Vinegar (wine)	Weinessig	Wijn Azijn

ENGLISH	GERMAN	DUTCH
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<b>MEATS</b>		
Chicken	Huhnchenfleisch	Kippevlees
Pork	Schweinefleisch	Varkensvlees
Beef	Rindfleisch	Rundvlees
Minced meat	Gehacktes	Gehakt
Meat balls	Frikadellen	Gehaktballen
Turkey	Putenfleisch	

<b>DAIRY PRODUCTS/FATS</b>		
Butter	Butter	Boter
Cheese	Käse	Kaas
Cottage Cheese	Hüttenkäse	Huttenkaas
Cream Cheese	Frischkäse/ Sahnekäse	Roomkaascream
Cream	Sahne	Slagroom
Drinking Chocolate	Kakao	Chocolademelk
Egg/Eggs	Ei/Eier	Ei/Eieren
Evaporated milk	Kaffeerahm	Koffie melk
Full fat milk	Vollmilch	Volle melk
Low fat milk	Fettarme Milch	Halfvolle melk
Pasteurised Milk	Pasteurisierte Milch	Gepastureerde melk
Powdered Skim. Milk	Magermilchpulver	Magere poedermelk
Oil	Öl	Olie
Sunflower Oil	Sonnenblumenöl	Zonnebloom olie
Vegetable Oil	Pflanzenöl	Plantaardige olie
Soured Cream	Saure Sahne	Zure room
Lard	Schweinfett	Varkensvet
Whipped Cream	Schlagsahne	Slagroom
Yoghurt	Joghurt	Yoghurt
Semolina	Gries	Griesmeel

<b>ENGLISH</b>	<b>GERMAN</b>	<b>DUTCH</b>
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<b>BREADS AND CEREALS</b>		
Bread Crumbs	Paniermehl	Paneermeel
Brown Bread	Graubrot	Bruin brood
Oatmeal	Haferflocken	Haverhout
Roll	Brötchen	Broodje
Rusk	Zwieback	Beschuit
Rye Bread	Roggen Brot	Roggebrood
White Bread	Weissbrot	Wit brood
Wheat Bread	Vollkornbrot	Volkoren brood
Whole Wheat	Crispbreads	Knäckebröt

<b>BAKING</b>		
Flour	Mehl	Bloem
Almonds	Mandeln	Amandelen
Baking Essence	Backaroma	Bakaroma
Baking Powder	Backpulver	Bakpoeder
Candied Fruit	Kandierte Früchte	Kandijt Fruit
Candied Lemon Peel	Zitronat	Bakzitroenschil
Candied Orange Peel	Orangeat	Baksinasappelschil
Chocolate Sprinkles	Schokostreusel	Chocoladehagelslag
Coconut (dessicated)	Kokosraspeln	Gerasptecocosnoot
Cornflour	Stärkemehl	Mayzena
Gelatine	Gelantine	Gelantine
Poppyseed	Mohn	Maanzaad
Potato Flour	Kartoffelmehl	Aardappelmeel
Vanilla	Vanilleextract	Vanille extract
Yeast	Hefe	Gist

<b>HERBS AND SPICES</b>		
Mixed spice	Spekulatiusgewürz	Speculaas kruiden
Aniseed	Anis	Anijszaad
Basil	Basilikum	Basilikum
Bayleaf	Lorbeerblatt	Laurierbladen

Caraway	Kümmel ganz	Komijnzaad
Celery Salt	Selleriesalz	Selderijzout
Chilli Powder	Chilipulver	Chilli Poeder
Chives	Schnittlauch	Bieslook
Cinnamon (ground)	Zimt (gemahlen)	Kaneel (gemalen)
Cloves (ground)	Zimt (gemahlen)	Kruidnagel
Cumin	Kümmelpuder	Komijnpoeder
Curry	Curry	Kerrie

### GERMAN SPECIALITIES

GERMAN	ENGLISH
Reibekuchen	grated raw potatoes fried into a pancake
Stollen	traditional German Christmas cake
Glühwein	hot spiced red wine sold at Christmas markets
Feuerzangenbowle	burnt rum and red wine punch
Jägertee	Alcoholic drink based on rum, served hot
Bockwurst	sausage
Strammer Max	bread topped with slices of cheese, ham, gurken and fried eggs
Berliner	doughnuts

### DUTCH SPECIALITIES

DUTCH	ENGLISH
Pannekoek	pancakes
Poffertjes	miniature pancakes served with Grand Marnier or butter flakes
Vla	general term for a variety of puddings
Vlaai	general term for a variety of cakes topped with fruit or creamed rice pudding for example
Peperkoek	ginger biscuits
Koffiekoek	large soft biscuit made with almonds

Ontbijtkoek	spiced with ginger breakfast cake
Beschuit met muisjes	Rusks with blue or pink sugar sprinkles Traditionally served to celebrate the birth of a child
Rookworst	smoked sausage
Hutspot	mashed carrots, potatoes and onion
Boerekool	curly kale mashed with potatoes
Uitsmijter	bread with slices of ham, cheese and fried eggs
Griesmeelpap	semolina pudding
Rijstepap	cream rice pudding
Nonnevotten	doughnuts traditionally sold during the carnival season

## **OTHER AGENCIES**



SSAFA Forces Help In-service Committees provide assistance and support to serving men, women and their families in need. They meet regularly to decide how money is raised and distributed and discuss other matters of concern to the local community. For more information, call JHQ Mil: 3392 or Civil: 02161 472 3392.



Victim Support offers emotional support, information and practical help to those who have been affected by crime. Volunteers attend courses specially designed for them which allows them to help victims come to terms with the disturbing effects of crime. Interested volunteers should contact JHQ 2272 or Civil: 02161 472 2272



**Girlguiding**

### **British Guides in Germany**

There are lots of Rainbow, Brownie and Guides units here in Germany. We have waiting lists because of the continuing popularity of Girlguiding and a shortage of adults coming forward to offer a little of their time in helping to run the groups. More adult helpers means shorter waiting lists. Any help you can offer will be much appreciated and we will soon be able to offer more girls the chance to take part in guiding. Contact your local HIVE and ask for more details.

COUNCIL OF VOLUNTARY WELFARE WORK  
(CVWW) (BFG)



The Council of Voluntary Welfare Work (CVWW) offers a varied selection of

opportunities to volunteer. Whether working with children in childcare centres, with the European Christian Homes for the Soldier (ECHOS) in the Balkans or Iraq, in any of the Church Army, Salvation Army or YWCA centres in around the military Garrisons. You could even help the troops on exercise in Poland, there is always a need for volunteers. For more information on what is available, call Lt Col (Retd) John Batty on 05221 25001 or Herford Mil 3921

## Air Training Corps

Air Training Corps is aimed at young adults between the ages of 13 and 18. The cadets take part in fieldcraft, weapon handling, shooting, drill and airmanship. During the year cadets can attend flying camps in UK, weapons camps in Germany and fund raising events for both Army and RAF Benevolent Funds. There are currently 3 Squadrons in BFG, located in JHQ, Gutersloh and Herford. Our volunteers need no experience or qualifications as full training is provided. For more information please contact Graham Pearce on JHQ Mil 2085 or Mobile: 0171 3692561



Foster carers provide stability, encouragement and a loving home to children who are temporarily unable to live with their own families. British Forces.

Social Work Service currently need foster carers in all areas of BFG. If you feel that you could be a foster carer, call Marje Slavin on 05221 178

366

## NOTES



[www.hive-europe.co.uk](http://www.hive-europe.co.uk)

This guide has been produced by Brunssum HIVE